



# A Society of Souls®

The School for Nondual Healing and Awakening™

**Free Webinars 2020  
with Eileen Marder-Mirman, Jeff Ellias-Frankel  
and Brenda Blessings**



## **FINDING FREEDOM**

with Eileen Marder-Mirman and Jeff Ellias-Frankel

What if we erect the barriers to the freedom that we long for? Before we can remove these barriers, we need to look at how they are built and what they serve to protect. As part of our time together, we will share a meditation that can give us a taste of freedom.

**Date:** Sunday, January 26, 2020

**Time:** 11:30 am – 1:00 pm EST online

**To register:** <https://www.eventbrite.com/e/finding-freedom-tickets-81874812769>

## **THE KNOWN AND THE UNKNOWN IN RELATIONSHIP**

with Brenda Carter Blessings

Why is the known so often described as safe and comfortable and the unknown described as dangerous or scary? Fundamentally, the known and unknown co-arise and are continually in relationship. What would life be like if we truly knew both of these are needed? In this class, we will engage in relationship with the known and unknown and in a practice designed to open us more fully to the stream of continual change and renewal.

**Date:** February 16, 2020

**Time:** 11:00 am – 12:30 pm EST online

**To register:** <https://brendacarterblessings.com/events-list-and-registration/>

## **THE HEART OF COMPASSION**

with Eileen Marder-Mirman and Jeff Ellias-Frankel

Many spiritual approaches to compassion involve negating the ego. Come join us as we explore a path to compassion that includes a place for our individual ego. On our path we find that when no parts of our self are exiled, true compassion will arise.

**Date:** Sunday, March 1, 2020

**Time:** 11:30 am – 1:00 pm EST online

**To register:** <https://www.eventbrite.com/e/the-heart-of-compassion-tickets-81875875949>

## **THIS IMPERFECT LIFE IS WORTHY OF LOVE**

with Brenda Carter Blessings

We are worthy of being loved not because of what we do well but because of the preciousness of this life exactly as it is. This imperfect life has value and is worthy of being loved and treasured. We will explore this in conversation and a practice designed to open our hearts to the beauty ever present in this imperfect life.

**Date:** April 5, 2020

**Time:** 11:00 am – 12:30 pm EST online

**To register:** <https://brendacarterblessings.com/events-list-and-registration/>

## **LIVING A DOWN TO EARTH MYSTICAL LIFE**

with Eileen Marder-Mirman and Jeff Ellias-Frankel

The spiritual journey is often thought of as leaving the everyday material world to find refuge in a higher, purer world. In Nondual Kabbalistic Healing we find entryways to a consciousness which unites these two worlds. We will contrast these two approaches to living a human life and introduce a meditation that begins to give you an experience of entering the unitive state.

**Date:** Sunday, May 3, 2020

**Time:** 11:30 am – 1:00 pm EST online

**To Register:** <https://www.eventbrite.com/e/living-a-down-to-earth-mystical-life-tickets-81873167849?>

**Eileen Marder-Mirman** is a senior teacher and supervisor in the various training programs of A Society of Souls, the School for Nondual Healing and Awakening. For more than 40 years, Eileen has specialized in integrating spirituality and alternative healing in her nondual psychotherapy practice on Long Island, in Manhattan and long distance. She is a licensed Mental Health Counselor in New York State and has led numerous healing retreats in the U.S. and Europe.

**Jeff Ellias-Frankel, PhD.**, is a practicing psychologist and senior teacher at A Society of Souls. He has taught traditional graduate and undergraduate clinical and community psychology courses at several universities. For the past 40 years, he has conducted a variety of seminars and workshops addressing relationship issues, ethnicity and addiction, and individual and family development. He is a founding partner of a large psychological consulting practice in central New Jersey.

**Brenda Carter Blessings** is the Director/Senior Teacher of the Teachers in the Marketplace training program, along with a senior Nondual teacher and supervisor with A Society of Souls. For more than 35 years, Brenda has been integrating spirituality and alternative healing as an interfaith minister and teacher. She has led numerous healing retreats in the U.S. and Europe.